

FRANCIS GREENWAY HIGH SCHOOL Newsletter



ISSUE 9 - NOVEMBER 2019

Successful Learners ~ Supportive Environment

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UP AND COMING EVENTS

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**HSC EXAMS CONTINUE
UNTIL TUESDAY NOVEMBER 12**

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TUESDAY NOVEMBER 12
P & C MEETING AT 6:00PM

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**WEDNESDAY NOVEMBER 27
ORIENTATION EVENING
IN LIBRARY. TIME TBA**

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TUESDAY DECEMBER 03
ORIENTATION DAY – ALL
STUDENTS 9:20AM – 2:30PM

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**WEDNESDAY DECEMBER 11
END OF YEAR AWARDS
PRESENTATION IN MPC 6:30PM**

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TUESDAY DECEMBER 17
HSC RESULTS & ATAR LUNCH
COMMENCING AT 1:15PM

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**WEDNESDAY DECEMBER 18
LAST DAY FOR STUDENTS**

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TUESDAY JANUARY 28
STAFF RETURN FOR 2020

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**WEDNESDAY JANUARY 29
YEARS 7, 11 & 12 START**

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THURSDAY JANUARY 30
YEARS 8, 9 & 10 START

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FROM THE PRINCIPAL

Welcome back to Term 4 at Francis Greenway High School. This is an exciting term as we work hard to complete our year of learning and look forward to celebrating our individual and school achievement.

Year 12 have launched into their exams with a positive mindset and a determination to achieve their personal best. The Beresfield Bowling Club is a fabulous supporter of our school and allows us the use of their facilities to host our HSC exams. Our students report that this venue has a positive and supportive environment and makes the experience that much significant in terms of value.

The Year 12 Formal at the end of term 3 was a great opportunity to celebrate the culmination of 13 years of education with the students all looking very glamorous and grown up. I would like to congratulate and commend them on the mature and respectful behaviours that have exhibited throughout their end of school celebrations.

With the beginning of Term 4, we begin our next cohort of Year 12. The students have a great deal of support from their Year Advisor, Stage 6 Deputy and HSC Hub Teacher as well as their classroom teachers. The Learning Centre is open to all students on a Monday and Wednesday afternoon, 3:00-4:00pm with several staff available to assist with assessments, homework and study.

Term 4 is also the term that students in Years 7-10 complete Authentic Assessment. This is a year-long program whereby students reflect on their learning following the completion of assessment tasks. The purpose is to create life-long learners who are able to undertake learning independently and reflect on the areas of strength and areas for development. The students discuss their learning before an interview panel consisting of staff, community members and fellow students.

As we move towards the end of our school year, our school values remain the core guide by which we undertake our daily school life.

At Francis Greenway High School we:

Respect ourselves, each other, our property and our community.

Take **Responsibility** for our actions and our learning.

Cooperate with each other so that our school is a safe and happy place where everyone can learn.

Are **Committed** to be the very best we can be in all areas of our life.

Thank you to our families and community for supporting our school in these values.

Jo Edwards
Principal



Language Other Than English (LOTE) JAPANESE (日本語)



konnichi wa! In the 2020 April holidays, twelve senior students and three teachers are going on a twelve-day tour of Japan. The accompanying staff are Japanese/Mathematics Teacher Mrs Waller, TAS Teacher, Mr Bird and Head Teacher PD/H/PE, Ms Atwill. The group are flying with Japan Airlines, flying in and out of Tokyo. The itinerary includes sightseeing in the cities and surrounds of Tokyo, Hiroshima, Nara and Kyoto, *shinkansen* (bullet train) journeys, a day trip to Tokyo Disneyland, a tour of Studio Ghibli for the anime fans and *hanami* (cherry blossom viewing).

To enhance their Japanese experience, students and staff are participating in before school Japanese language and cultural sessions each week this term. In our first session, we had fun learning expressions to use when eating and talked about food etiquette in Japan.



Year 7 Technology GO!!

It is important that charged devices are brought to each lesson so they can be used as required. Google Classroom is used regularly in lessons. With daily use of this collaborative platform, students are becoming more proficient. Some students have also installed Japanese IME onto their device so they can type in Japanese script.

Sharon Waller
Japanese Teacher



SUPPORT UNIT

Welcome back to Term Four the final chapter of 2019. Firstly, on behalf of all of the staff and students in the support unit, we would like to congratulate our seven Year 12 graduates on successfully completing high school. You did it!! We could not be prouder of you.



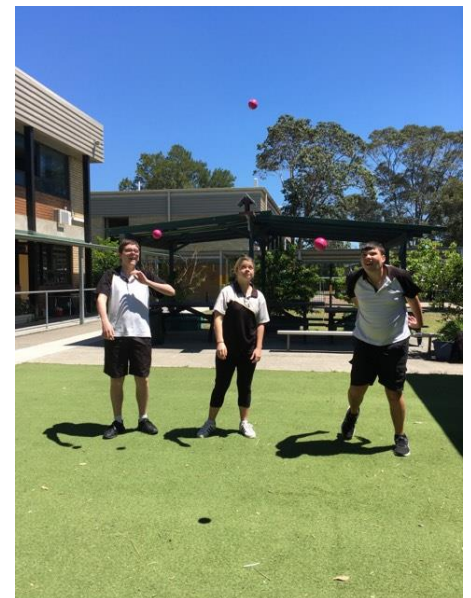
When we left last term we had finished with our Cricket Australia sessions. We were lucky enough to spend our last session touring McDonald Jones Stadium. We lucked out with the weather, but we put it aside to enjoy our day out and even got to do a drive by the beach. We are very grateful to have been involved in the sessions with Cricket Australia and would like to thank them for teaching us invaluable skills that we can integrate into other aspects of our lives.



However, it is not all over sporting wise for us yet this year. We successfully gained another grant, this time for basketball. During Term Four, we have instructors coming into our school to teach students from the support unit drills and skills necessary for basketball. The students have had their first session and thoroughly enjoyed it. The heat did not stop them from putting in all their efforts to show off the skills they already have in basketball dribbling. They are really looking forward to their future basketball sessions.



Across the Support Unit, we are also participating in moderated versions of the Mascot Challenge. YES, another cricket related activity! The students are enjoying the task so far and are really pushing themselves in the challenge. The challenge is a four week program that sees students progress through a number of throwing, catching, bouncing and cricket related games. The students have been eager to participate and to check themselves off on their progress charts. The motor skills built during challenges like the Mascot Challenge, are skills that the students will carry into and use throughout their lives.



WE WON "RUN AROUND AUSTRALIA"!!! We cannot thank Mrs Lewer enough for supporting and believing in us during "Run Around Australia". We tracked our progress on a map of Australia and as a school, we made it to Port Douglas in Queensland. This is AMAZING!



The activity day that we had planned for Term 3, in support of the Rugby World Cup was unfortunately washed out due to the weather (wet fields). Students randomly drew countries out of a hat to follow and hence, we are still following the Rugby World Cup. Students are still able to compete against one another with their chosen countries. We think Mrs Lewer is just a little competitive and possibly a major supporter of her team, the Australian Wallabies.



A very special congratulations is in order for FGHS student, Mark Silva. Mark is a student from the support unit who has won an award in the wider community. The Junior AECG Award is very much deserved by Mark. As a Support Unit, we would like to send our congratulations to Mark.

Shelby McPherson
Support Faculty

WELLBEING TEAM

Student Centred – Learning Focused – Wellbeing Driven

Year Advisers

As always, our wonderful Year Advisers are available and a great avenue of support for students to address issues around health, family issues, social issues, attendance and general learning, social and emotional concerns. If you have concerns regarding your student you can also contact the relevant Year Adviser to discuss.

Year 7 2020	Teliece Wallace
Year 7 2019	Michelle Griggs
Year 8	Ben Douglas
Year 9	Kim Wills
Year 10	Kirralee Andruschak
Year 11	Stephen Abel
Year 12	Sarah Bretag
Girl's Adviser	Kirralee Andruschak



High Resolves

High Resolves is a program aimed at educating high school aged students in the meaning of being a global citizen. They are a recognised leader in the design and delivery of capacity-building experiences for young people.



During week 3, all students in Years 7-10 participated in the High Resolves Peak Experience, 'Identity and Purpose'. The High Resolves program will be delivered and incorporated into programming across faculties in 2020, with a particular focus in Learning and Wellbeing lessons.

Year 7 2020 Transition Calendar – Term 4

WEEK	DATE	ACTIVITY
5	Wednesday November 13	Jumpstart
6	Wednesday November 20	Aboriginal Student Orientation
7	Wednesday November 27	Parent Information Evening 5:00 – 6:30pm
8	Tuesday December 3	Orientation Day – All students

Please ensure you have submitted your completed enrolment paperwork to the front office as soon as possible to ensure a smooth start in 2020.

Wellbeing Wall – Energy Drinks

One major health concern surrounding energy drinks is their high caffeine and sugar content. Caffeine is an addictive substance that can affect the heart and nervous system. While it may temporarily help you overcome symptoms such as tiredness and restore alertness, it can have other negative side effects, especially in children and adolescents.

Some of these are:

- Difficulty concentrating
- Difficulty sleeping/insomnia
- Nervousness
- Anxiety
- Headache
- Rapid heart rate



Energy drinks may also contain other additives such as B Vitamins, guarana, taurine, ephedrine and ginseng which act as stimulants. They are low in nutrition value and high in kilojoules, increasing the risk of excessive weight gain, increasing heart rate and increasing anxiety. Reducing the intake of energy drinks is important for general health and wellbeing. The best drink to hydrate the body is WATER.

<http://www.nutritionaustralia.org>



Local Events & Resources

The following events/opportunities are available in the local area in the coming weeks:

- **TGIF Social Youth Group is on every Friday from 4:00pm at Headspace Maitland.**
TGIF is a social space and great way to meet people in the community. Contact Elizabeth.murphy-may@samaritans.org.au for more information.
- **The Developing Brain: Club Maitland City – Monday November 11 at 7.30-9:00pm (14 Arthur Street, Rutherford)**
Ground Connection events is proud to announce that the host of the documentary “All in the Mind”, and co-host of the TV Series “The Secret life of Girls”, Nathan Wallis, Aotearoa’s renowned neuroscience educator, is coming to our community with this talk – **The Developing Brain**. In this presentation Nathan will guide you through the stages of brain development that happen across childhood. He will reveal little tricks to make parenting easier, and help you open up communication with your child in a way that actually gets them to listen, develop & grow. His unique “tell you how it is” style will have you captivated, and you will walk away jam-packed with “ah-ha” moments. [Tickets available here.](#)

Laura George
Head Teacher Learning & Wellbeing

PERSONAL DEVELOPMENT/ HEALTH and PHYSICAL EDUCATION

Year 9 Health Day

On the first day back this term year 9 students were involved in a health day that incorporated an Olympic Games talk from a bronze medal winning Olympian Belinda Barnes, sexual health information, team building activities and critical health services information. This day was organised by the PD/H/PE faculty as well as the Student Support Officers in the school and aimed to provide purposeful information and activities to students as they navigate through the adversities that adolescence can bring about and where to go for help.



Harmonie Attwill
PD/H/PE



Do you have a child starting Kindergarten in 2020

 Woodberry Public School are currently running their 'Transition To School' program. The 'Transition To School' program is a nine-week program which started in week one of Term 4, 2019. Woodberry Primary can still be contacted re this program.

Date: Every Wednesday

Time: 2: 00pm to 3: 00pm

Where: Woodberry Public School

Please pick up your enrolment form up from the front office at Woodberry Public School or contact the school:
Phone: 49662044 or e-mail: woodberry-p.school@det.nsw.edu.au



FRANCIS GREENWAY HIGH SCHOOL

BYOD 2020

**Bring your Own Device (BYOD) Years 7,8,11 & 12
2020**

BYOD empowers our students by giving them direct involvement in the way technology is used in their learning.

In 2020, students in Years 7, 8, 11 & 12 will be required to bring a suitable computing device to school every day. We have established a relationship with Harvey Norman to provide you with affordable, compatible devices. Please see the specialists at the Rutherford store to meet all your BYOD needs for 2020.

**OUR BYOD HANDBOOK IS AVAILABLE
ON OUR WEBSITE.**

**PLEASE CONTACT SARAH BRETAG, HEAD
TEACHER TEACHING AND LEARNING, ON
49641282 FOR MORE INFORMATION.**



Shop Hours
 Monday 1.00-3.30pm
 Wednesday 8.00-9.30am

Contact Details
 (02) 4028 6466
 francisgreenway@alinta.com.au
 Lot 2 Lawson Avenue, Beresfield NSW 2322

Girls Uniform: Yr7-Yr12	Size	Price	Size	Qty
S/S Blouse Yr7-Yr10	J8-L20	\$41.00		
Formal Polo Yr7-Yr10	J8-3XL	\$46.00		
S/S Blouse Yr11-Yr12	J10-L20	\$41.00		
Tartan Skirt	J8-L20	\$71.00		
Formal Shorts	J8-L20	\$49.95		
Fitted Pants - On Sale	J8-L20	\$39.00		
Boys Uniform: Yr7-Yr12	Size	Price	Size	Qty
S/S Shirt Yr7-Yr10	J8-3XL	\$40.00		
Formal Polo Yr7-Yr10	J8-3XL	\$46.00		
S/S Shirt Yr11-Yr12	J8-3XL	\$40.00		
Formal Shorts	J8-3XL	\$49.95		
Formal Trousers	J8-3XL	\$55.00		
Sports Uniform	Size	Price	Size	Qty
Sports Polo	J8-3XL	\$46.00		
Sport Shorts Stretch MF	J8-3XL	\$41.00		
Sport Shorts - On Sale	J8-3XL	\$38.00		



Order Form Details

Date: _____
 Name: _____
 Address: _____

 Contact Number: _____
 Email Address: _____

Pick up from shop
 Delivery to above address \$7.95

Payment Options

Visa Mastercard Cash (enclosed)

Name On Card: _____
 Credit Card Number: _____
 _____/_____/_____/_____
 Expiry Date: ____/____
 CVC: _____
 Signature: _____

Outerwear	Size	Price	Size	Qty
Kitted Jumper	10-16	\$55.00		
	18-24	\$55.00		
Super Fleece Jacket	J10-2XL	\$66.95		
Cotton Cardigan	10-20	\$40.00		
Rugby Jumper	J10-2XL	\$45.00		
Accessories	Size	Price	Size	Qty
Leather Belt	All Sizes	\$17.50		
Tie		\$24.00		

- Note:
- Sizes not carried are available by custom order (SMU). During peak times it may take up to 3 month lead time. An additional \$10.00 is applied to custom orders.
 - Online orders are distributed from the Uniform Shop the next opening day of the shop. A postage charge will occur for all orders marked for delivery.
 - Payments can be made by Cash, Credit Card or Debit Credit Cards only.

Prices Effective from 1-09-2019 and are subject to change without notice.